

# HUTTO FAMILY YMCA

# BOOT CAMP

## INDOOR TOTAL BODY TRAINING

Challenge your body in a new way!

Gain strength, build endurance and boost metabolism through the use of bodyweight exercises, strength training and interval training.

**THURSDAYS, 9:30am, GYM**

**\$20 MONTHLY**

**ALL FITNESS LEVELS WELCOME!**

# HUTTO FAMILY YMCA



## FITNESS PROGRAM REGISTRATION FORM

**BOOTCAMP \$20.00  
THURSDAYS  
9:30AM**

**AUGUST**

**SEPTEMBER**

NAME \_\_\_\_\_ YMCA ID# \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

PRIMARY PHONE \_\_\_\_\_

EMERGENCY CONTACT NAME \_\_\_\_\_ PHONE \_\_\_\_\_

**MEDICAL WAIVER:** In the event that I require emergency medical treatment and my emergency contact cannot be reached. I hereby authorize the YMCA staff to make arrangements to transport me to the nearest hospital/emergency medical facility. I give my consent to any and all necessary medical treatment, if, in fact I require the attention of a physician.

**WAIVER:** I understand that YMCA activities have inherent risks and I hereby assume all risks and hazards incident to my participation in all YMCA activities including transportation to and from said activities. I further waive, release, absolve, indemnify, and agree to hold harmless the YMCA, the organizers, volunteers, supervisors, officers, directors, participants, coaches, referees as well as persons or parents transporting participants to or from such activities from any claims or injury sustained during my use of YMCA facilities or participation in any YMCA activity whether located on YMCA property or not.

**PHOTO RELEASE:** I give my consent for pictures taken of myself involved in YMCA programs to be used for future YMCA promotions or display.

**REFUND/TRANSFER POLICY:** I understand that the YMCA has NO refund policy. Details of the policy are available at the Member Service Desk.

SIGNATURE

DATE

### YMCA STAFF USE ONLY

STAFF NAME

DATE

AMOUNT PAID

VERIFIED BY