

YMCA Karate

FIRE DRAGON KARATE

Karate is great exercise, enhances confidence, teaches methods of self-defense, develops patience... and it's fun. Fire Dragon Karate's martial arts style is Tang Song Do and part of the World Tang Soo Do Association (WTSDA). Join today!

AGES 4-7

KARATE PROGRAM BY MONTH (Mo or We)
\$45/mo. YMCA Member • \$58/mo. Activity Member
Registration fee: \$110

CLASSES

Monday

- 5:50-6:20pm

or

Wednesday

- 5:50-6:20pm



AGES 8-ADULT

KARATE PROGRAM BY MONTH (Mo & We)
\$65/mo. YMCA Member • \$90/mo. Activity Member
Registration fee: \$80

CLASSES

Beginner (white - orange, green belt)

- Mo & We 6:30-7:15pm

Intermediate (green - red belt)

- Mo & We 7:15-8:00pm

Advanced (red, blue belt & beyond)

- Mo & We 8:00-9:00pm

REGISTER TODAY!

VISIT FRONT DESK OR ONLINE

**LEARN
DISCIPLINE.
BUILD
CHARACTER.**

TWIN LAKES FAMILY YMCA
204 E Little Elm Trail
Cedar Park, TX 78613
512-250-9622 • YMCAGWC.ORG



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY