



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Dance – SCHOOL YEAR

Twin Lakes Family YMCA

**September 9, 2019 – May 15, 2020**

## REGISTRATION DATES, FEES, & PROGRAM SELECTION

Year Round

Y Member Registration: 6/10/19 – 3/1/20

Open Registration: 6/24/19 – 3/1/20

MONDAY	Ballet 1		Intro to Hip Hop					
<b>Ages</b>	4-5 yrs	Location:	4-6 yrs	Location:				
<b>Time</b>	4:00-4:55pm	SMB Room	5:00-5:55pm	SMB Room				
<b>Selection</b>								
TUESDAY	Ballet 1		Ballet 2		Hip Hop		Dance Team	
<b>Ages</b>	4-5 yrs	Location:	6+ yrs	Location:	6+yrs	Location:	8+yrs	Location:
<b>Time</b>	3:45-4:40 pm	SMB Room	4:45-5:40 pm	SMB Room	5:45-6:40 pm	Cycle Studio	6:45-7:40 pm	Group Ex Studio
<b>Selection</b>								
WEDNESDAY	Ballet 2							
<b>Ages</b>	6+yrs	Location:						
<b>Time</b>	4:30-5:25pm	SMB Room						
<b>Selection</b>								
THURSDAY	Tap		Hip-Hop					
<b>Ages</b>	5+yrs	Location:	6+yrs	Location:				
<b>Time</b>	4:30-5:25pm	Cycle Room	5:30-6:25pm	SMB Studio				
<b>Selection</b>								
FRIDAY	Elite Hip Hop							
<b>Ages</b>	8+ yrs	Location:						
<b>Time</b>	4:30-5:25pm	Cycle Room						
<b>Selection</b>								
SATURDAY	Intro To Ballet							
<b>Ages</b>	3-4 yrs	Location:						
<b>Time</b>	9:00-9:55am	SMB Room						
<b>Selection</b>								

Monthly Fees:

Registration Fee  
\$15/Per Participant

Y Member  
\$52/month

Community Member  
\$70/month

**Y STAFF ONLY**

Year Round (1920D)

Staff Initials: \_\_\_\_\_

Amount Paid:\$ \_\_\_\_\_

Date: \_\_\_\_\_

**PARTICIPANT INFORMATION**

CLASS: \_\_\_\_\_

PARTICIPANT NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

D.O.B.: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE / ZIP: \_\_\_\_\_

PARENT / GUARDIAN NAME: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL / WORK PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL / WORK PHONE: \_\_\_\_\_

MEDICAL CONCERNS (please list any special conditions or limitation your child may have as well as any food, medicine or plant allergies, previous or existing illness, medications, hospitalizations, or medical requirements within the past 12 months): \_\_\_\_\_

I WILL GIVE  \$1  \$2  \$5  Other: \_\_\_\_\_ TO HELP A CHILD LEARN DANCE.

**PARTICIPANT WAIVER**

Please INITIAL or ANSWER all lines to indicate received written policies/materials and agree to terms with SIGNATURE below.

\_\_\_\_\_ **Policies Waiver (Required):** I have received a copy of the dance class descriptions and policies regarding dance classes. I am clear about the policies stated.

\_\_\_\_\_ **ADA Policy (Required):** Participants/parents of minor participants have the obligation to disclose significant medical, physical or behavioral issues at the time of your and/or your child's enrollment and on an ongoing basis. Due to the large group format of our program, we are unable to provide one-on-one care for any child except on an intermittent basis, such as injuries, immediate disciplinary issues and certain personal care needs customarily provided to other children.

\_\_\_\_\_ **Waiver for Medical Treatment (Required):** In the event that myself and/or my child requires emergency medical treatment, I hereby authorize the Y staff to make arrangements to transport myself and/or my child to the physician, hospital or clinic that I have designated or the nearest hospital / emergency medical facility. I give my consent for any and all necessary medical care treatment for myself and/or my child during this time.

\_\_\_\_\_ **Waiver for Participation (Required):** I understand that Y activities have inherent risks and hereby assume all risks and hazards as a result of my and/or my child's participation in all Y programs and facilities, including transportation to and from said activities. I further release, absolve, indemnify and agree to hold harmless, the Y, the organizers, supervisors, directors, staff, volunteers, participants, coaches, referees, as well as persons or parents transporting participants to or from such activities from any claims or injury sustained during my use of Y facilities or participation in any Y activity, whether located on Y property or not.

\_\_\_\_\_ **Waiver for Photo / Video / Audio Release (Optional):** I give my consent for any photos, video and/or audio taken of myself and/or my child involved in Y programs to be used for Y promotions, trainings and/or displays.

\_\_\_\_\_ **Change / Cancellation / Refund Policy (REQUIRED):** I understand that changes / cancellations / refunds are not permitted with the dance department unless a physician's note is submitted stating the inability to complete the class. Classes cancelled due to inclement weather or unforeseeable circumstances will not be rescheduled or refunded.

\_\_\_\_\_ **Bank Draft Policy (REQUIRED):** This is a drafted program that will be drafted on the 1st of each month. If you wish to cancel the class, you will need to submit a cancellation form 14 days prior to your draft or you will be drafted for the following month. The first draft will be September 1 & the last draft will be May 1.

\_\_\_\_\_ **Processing Fee (Required):** \$30 processing fee will be assessed for all rejected drafts and the participant will not be allowed to participate until all fees are paid.

\_\_\_\_\_ **Transfers Required):** There is a \$10 transfer fee for changing class days and/or times unless moved by an instructor. Transfers are based on availability.

Participant (if 18 yrs.) and/or Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## CLASS DESCRIPTIONS

**Intro to Ballet (3-4 yrs):** Introduces children to basic ballet terminology and technique in a structured, yet fun setting. Simple coordination musicality, rhythm, and concentration will be emphasized. Students are encouraged to explore space and enjoy dancing.

**Ballet 1 (4-5 yrs):** Introduces children to basic ballet barre warm up and center work. Skill combinations, timing, and floor work in a non-competitive environment to introduce showing personality through dance. No prior dance experience is needed.

**Ballet 2 (6+yrs):** Introduces children to age appropriate ballet technique, ballet terminology and execution of barre work, center, and across the floor exercises. Your child will have a clear understanding of body alignment, movement quality, carriage of upper body, and flexibility.

**Intro to Hip Hop (5-6 yrs):** Fun introductory class where dancers will enjoy learning basic hip hop skills and fun, rhythmic choreography. No prior dance experience is needed.

**Hip Hop (6+ yrs):** This fun and high-energy class is geared towards those interested in learning the basic movements and infuse the latest styles of Hip Hop. The class will combine isolations, technique, and rhythm to learn a fun and upbeat routine in an age-appropriate environment. No prior dance experience is needed.

**Elite Hip Hop (8+ yrs):** This fun and high-energy class is geared towards those interested in learning the basic movements and infuse the latest styles of Hip Hop. The class will combine isolations, technique, and rhythm to learn a fun and upbeat routine in an age-appropriate environment.

**Dance Team (8+yrs):** This year-round performance team incorporates studio-style jazz, ballet, pom, contemporary, and hip hop. Terminology and dance skills are taught leading up to more challenging, and upbeat choreography. This class is not competitive, but will perform publicly several times a year.

**Tap (5+ years):** Fun introductory class/some-experience where dancers will enjoy learning basic tap skills and fun, rhythmic choreography.

## GENERAL INFORMATION

- \* Participant may begin program at any time. Prior to Spring Break is recommended to give time for recital preparation.
- \* Proper attire **MUST** be worn at all times.
- \* Days & times subject to change due to low enrollment.
- \* Financial Assistance is available.
- \* There is an end of the year Dance Recital held in May, which has additional cost of \$50.00 associated with this event for costumes and facility rental. Ticket to the dance recital will be \$5.00 for Adults/ \$3.00 10 & under/ ages 3 & under are free. **These additional cost are not covered by financial assistance.**

**PARENTAL VIEWING POLICY:** To limit distractions and for the safety of the athletes, only participants and instructors are allowed in the dance room during classes. Please refrain from coaching or talking to your child through the window. This is for your child's safety. This is both a distraction for all of the children in class and disrespectful to the coach of your child. Dance recitals are scheduled at the end of the year where photographs and video recording is allowed. If you have questions or concerns about your child's class you are more than welcome to speak with your child's instructor after class. **For the safety of our participants, please no flash photography through the viewing windows.**

**DANCE ATTIRE:** Proper attire must be worn at all times. This is for the safety of the participant and to ensure a successful class.

**Intro to Ballet** - Leotard (attached skirt is optional); ballet tights; leather ballet shoes (no socks allowed)

**Ballet 1** - Leotard (attached skirt is optional); ballet tights; leather ballet shoes (no socks allowed)

**Ballet 2** - Leotard (attached skirt is optional); ballet tights; leather ballet shoes or tan jazz shoes (no socks allowed)

**Intro to Hip Hop** - Comfortable street clothes (at least ¾ length & no jeans); tennis shoes (no sandals, crocs, boots, flats, or bare feet)

**Hip Hop** - Comfortable street clothes (at least ¾ length & no jeans); tennis shoes (no sandals, crocs, boots, flats, or bare feet)

**Elite Hip Hop** - Comfortable street clothes (at least ¾ length & no jeans); tennis shoes (no sandals, crocs, boots, flats, or bare feet)

**Tap** - Tap shoes preferred

**Drill Team** - Fitted dancewear; jazz pants; jazz shoes (no socks allowed)

**HAIR:** Everyone's hair must be pulled back. This is for the safety of the participant. If a participant that does not have their hair pulled back they will be sent back to the parents to find a suitable solution.

**JEWELRY:** Jewelry is not allowed during class. All necklaces, earrings (studs are o.k.) should be left in the lobby during class with the parents. **\*\*The Dance Department is not responsible for any lost or stolen jewelry\*\***

**Can I drop my child off and leave the Y during their class?** Parents **MUST** be present outside of the class or within the Y in the event of an emergency or a bathroom break is needed for the child.

**How will I know when it is time for my child's class?** All participants will be called into class by their instructor. They will announce the start of class and welcome participants to come in and find their place. No one is allowed in the dance room during class without approval from a YMCA dance instructor.