



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Art & Yoga Workshop



## Art & Yoga with Patricia Belodoff

- Class will focus on your creativity and self expression with a guided Yoga practice.
- 3 Classes - First class 90 min. Second and third class are 60 mins.
- Classes will be held in Studio 1
- Limited to 12 Participants.

**TUESDAYS @ 12:30**  
**Oct. 16th - Oct. 30th**  
**COST \$ 30**

**PRICE INCLUDES ALL MATERIALS!**  
**MEMBER & NON-MEMBERS WELCOME**

**SEE FRONT DESK  
TO REGISTER**

**CHASCO FAMILY YMCA**  
1812 N Mays St  
Round Rock, Tx 78664  
512-246-9622

**YMCA.GWC.ORG**